

HIV outcomes after release from state corrections: Examining two pre-release interventions

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Background

- LA → 2nd highest proportion of people living with HIV (PLWH) in state prison custody¹
- Linkage to care and case management programs → better HIV care outcomes post-release²⁻⁵
- Two programs in LA: Ryan White in-reach program (run by LA Office of Public Health), Medicaid Pre-release program^{6,7}
- **Previous evaluations did not assess long-term HIV care outcomes, showed some overlap in activities^{7,8}**

Aims

- 1) Describe and compare HIV outcomes of PLWH
 - a) released from Louisiana corrections custody (study population) to all Louisiana PLWH along the HIV care continuum (general population)
 - b) In study population who received any vs. no intervention
- 2) Assess impact of exposure to pre-release interventions on HIV outcomes within 12 months after release from LA state prison custody

Methods

- **Conceptual frameworks:** HIV care continuum⁹ & Health Belief Model¹⁰
- **Design:** Retrospective cohort, total purposive sampling
- **Study Population:**
 - **Inclusion:** 18 + at release, released from LA state prison custody between 1/1/2017 – 12/31/2019, confirmed HIV diagnosis (lifetime)
 - **Exclusion:** Died within 12 months after release, released out of state
- **Analysis:** Two-proportion z-test (Aim 1), logistic regression (Aim 2)
 - **Outcomes:** linkage to care, care receipt, care retention, *viral suppression, 1/17/2018-12/31/2020
 - **Covariates:** *intervention group, age at release, race, sex, return parish urbanicity, Medicaid enrollment

Results

- n=681, Aim 1 subcohort n=650, Majority:
- had Medicaid (91%)
- Released in 2019 (36%)
- Age 30-39 at release (34%)
- Not released from prison facility (57%)
- Black (77%)
- Did not receive intervention (62%)
- Male (82%)
- Released to urban parish (90%)

Results

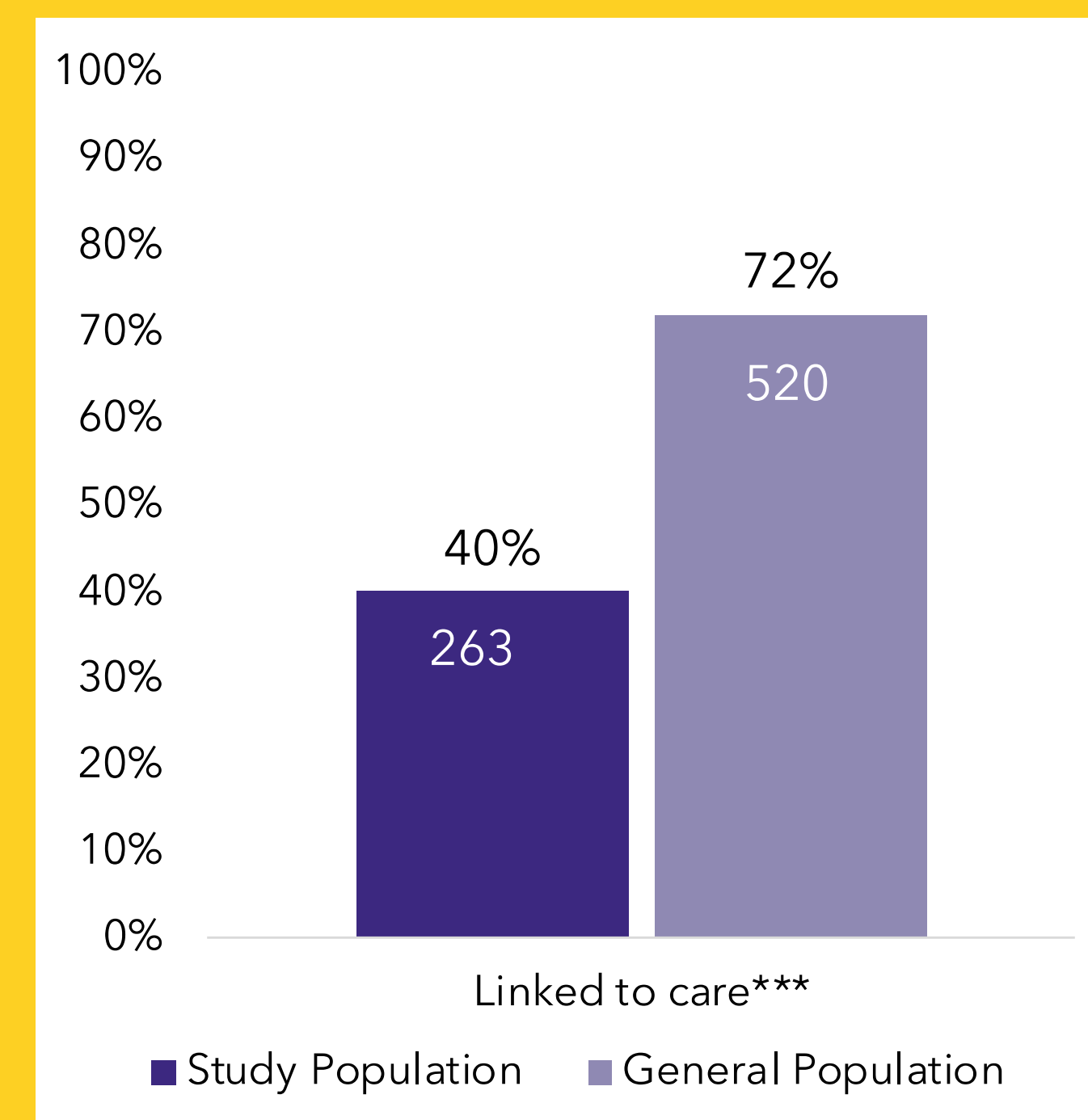


Figure 1. Percentage of the study and general populations linked to care, 2020

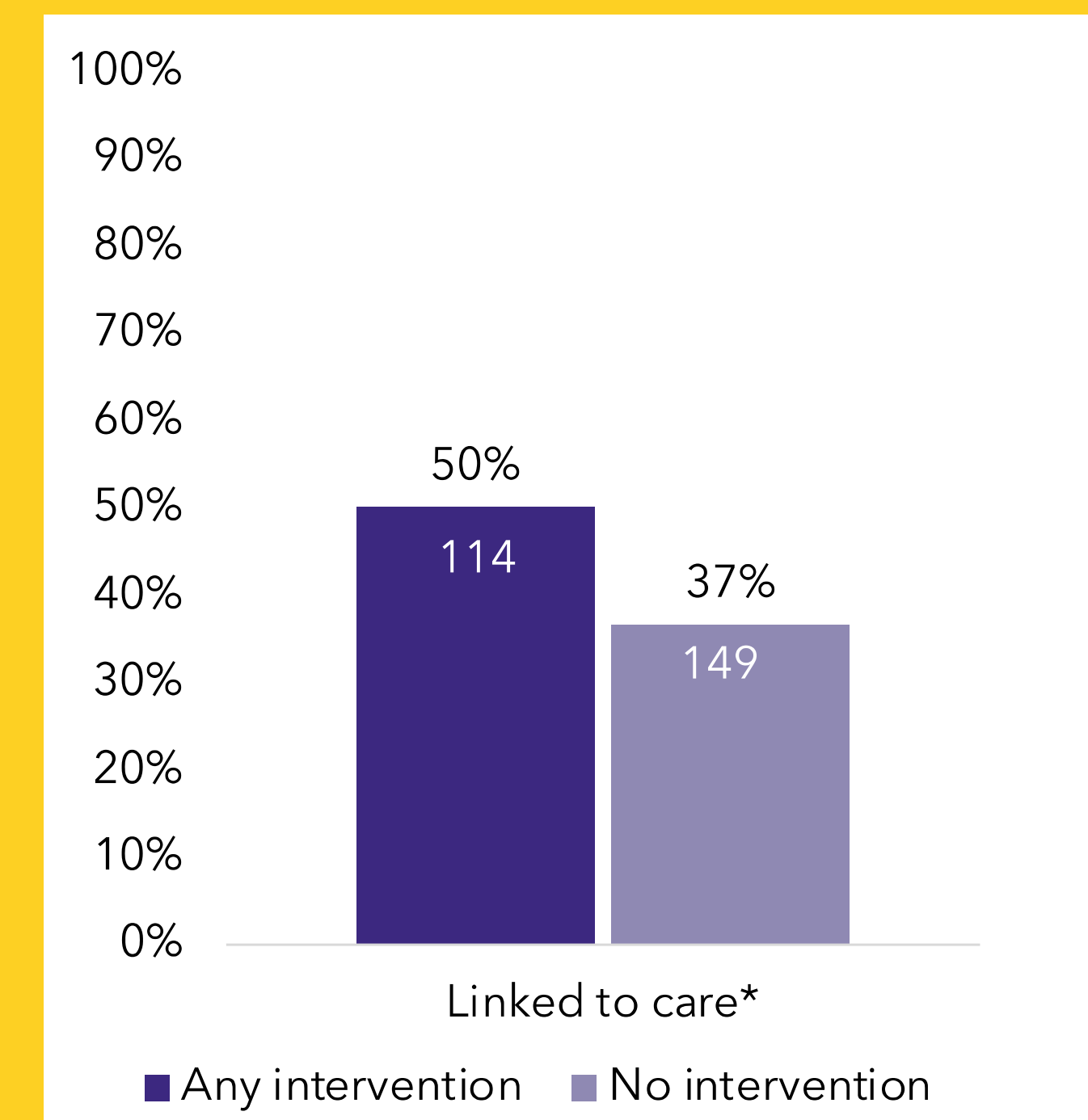


Figure 2. Percentage of people linked to care within 30 days of release, by intervention group, 2020

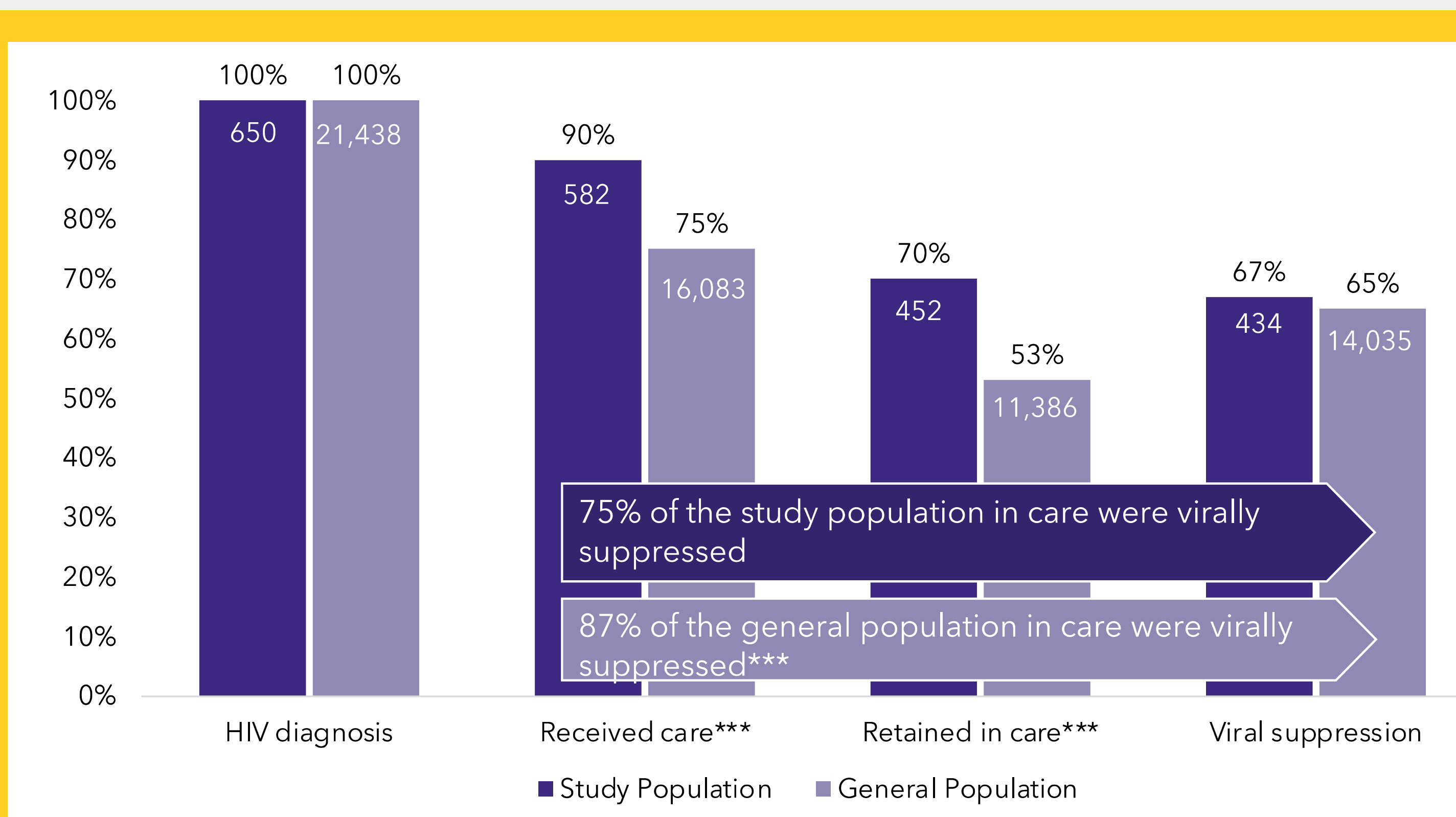


Figure 3. HIV care continua, study and general populations of PLWH, 2020

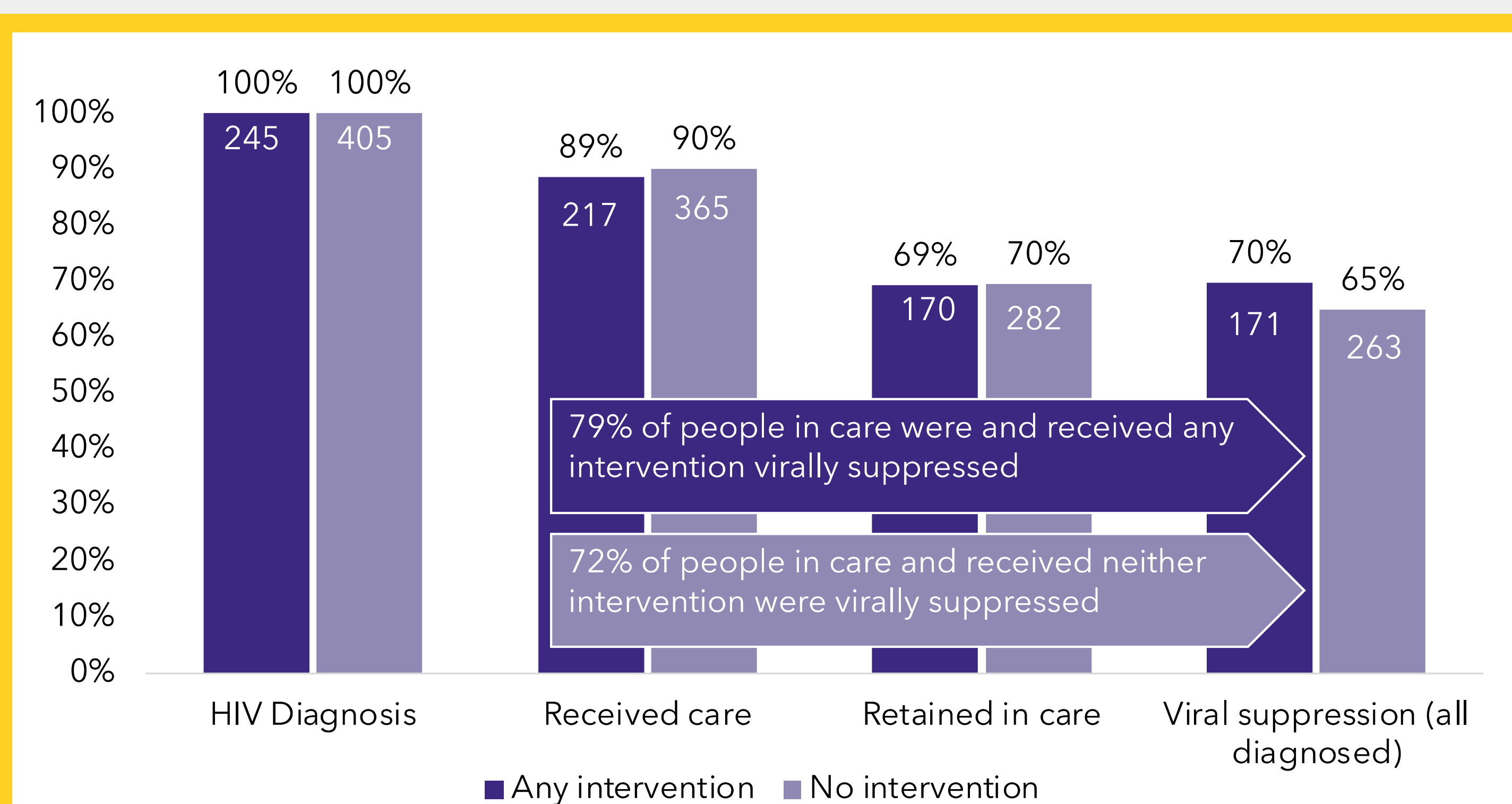


Figure 4. HIV care continuum of the study population by intervention group, 2020

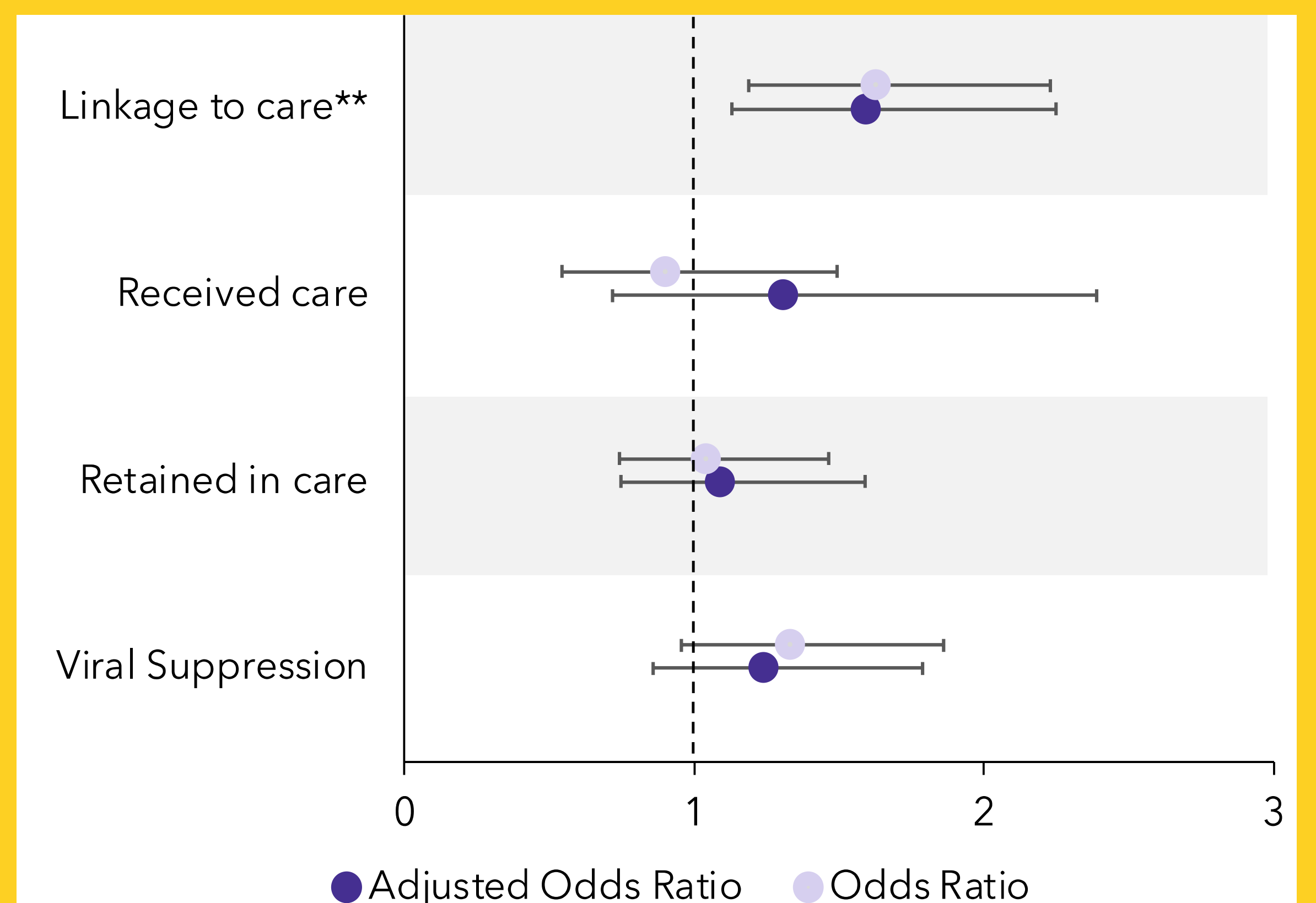


Figure 5. Summarized unadjusted and adjusted odds ratios for associations between intervention groups and HIV care continuum outcomes.

Conclusions

- **Linkage to care** → most disparate proportion between study and general populations, the **only HIV care outcome significantly and positively influenced** by receiving any pre-release intervention
- **Receiving any intervention was not significantly associated** with longer-term HIV care outcomes (care receipt, retention, viral suppression).
- Programs are effective at linkage to care 30 days post-release, no sustained effect on longer-term outcomes

Recommendations

- 1) **Expand program sites** to include non-state prison facilities that house PLWH in state custody;
 - a) **reassess Department of Corrections policies** about pre-release services to PLWH in non-state prison facilities
- 2) **Increase existing pre-release linkage to care efforts** → eliminate linkage disparities

References and Acknowledgements

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