

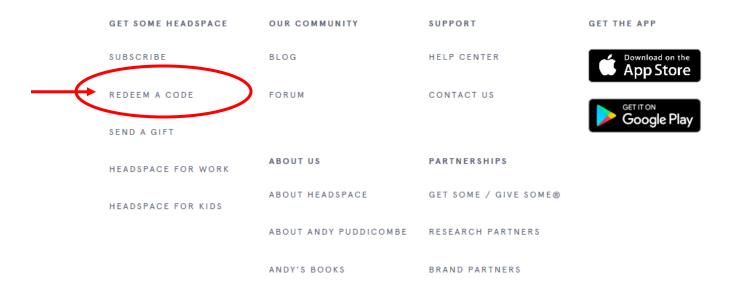
Welcome to Headspace!

Now that you've received your unique code, all you need to do is redeem it online, and you'll be set to begin your Headspace Journey of guided meditation.

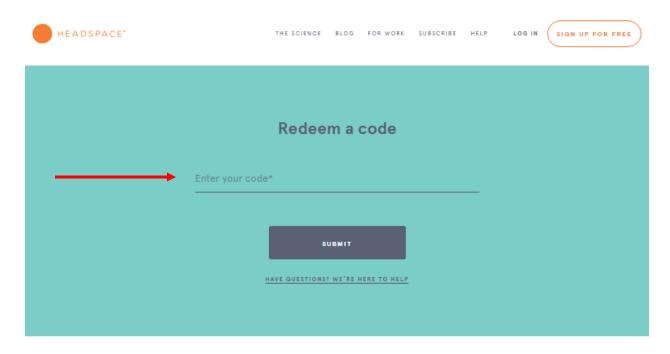
Here's how

1. Visit our website www.headspace.com

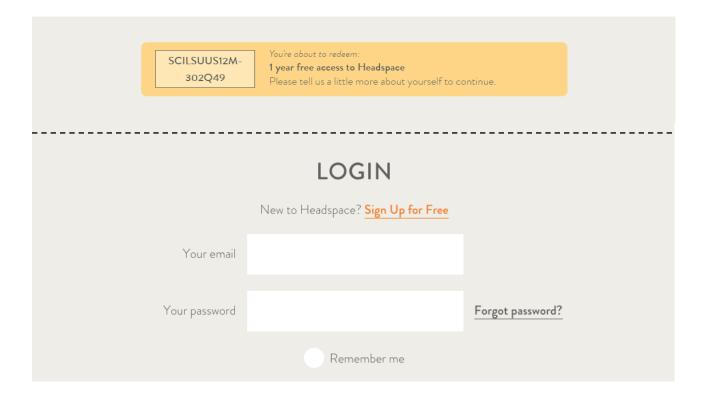
*Scroll <u>ALL</u> the way to the bottom of the page, until you can't scroll anymore and click "Redeem Code"



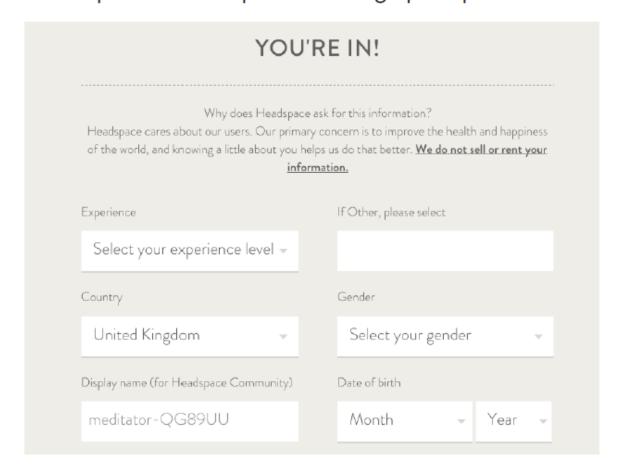
3. Enter your code and click Submit



4. Login if you have an existing account or click Sign Up for Free if you are a new user



5. Complete several optional demographic questions



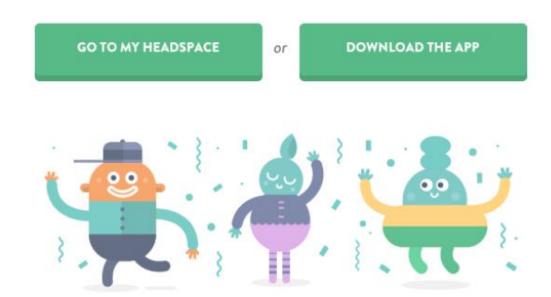
6. Confirm your order by clicking Continue

YOUR ORDER SUMA	MARY
Product	Price
SCILSUUS12M 1 year free access to Headspace	
SCILSUUS12M- 302Q49 FREE CODE APPLIED 1 year free access to Headspace	NO CHARGE
YOUR TOTAL There is no charge. Click 'continue' to start your subscription.	0.00
	SECURE CHECKOUT
THANK YOU. YOUR ORDER WAS SUC	
YOUR ORDER WAS SUC	CESSFUL.
Product SCILSUUS12M	CESSFUL.
Product SCILSUUS12M 1 year free access to Headspace SCILSUUS12M- FREE CODE APPLIED	CESSFUL. Price

6. You're done! Welcome to Headspace.

CONGRATULATIONS!

You're now ready to continue your journey



If you have any questions or queries, then please get in touch with the Headspace help team at:

help@headspace.com

Our online FAQs can also be accessed at:

www.headspace.com/faqs

For more information on how to download our app visit:

https://www.headspace.com/headspace-meditation-app

Once your code is activated, then your Headspace content can be accessed through our website and on our app. These will stay synchronised.

We hope you enjoy your Headspace Journey!

www.headspace.com