

August SGA Meeting

08.21.17

Words
from
Dean Smith

Welcome New
And
Returning Students!

(Fill Out Survey)

Agenda for today:

1. Introduction of your SGA
2. Upcoming events and volunteer opportunities
3. Call for Leaders
4. Buy Used Books
5. T-shirts
6. Guest speakers (Little Bitty Learning, Students for Sustainability, SOAR)
7. Future meeting dates

UPCOMING EVENTS

Fall Social Event @ Dave & Busters

Wednesday, August 23 from 6:00 PM - 9:00 PM

Volunteer Opportunity @ Grow Dat Farms

Saturday, September 16th from 9:00AM - 1:00PM

LSU Football Tickets & Pelican's Tickets are coming!

Details TBD - Sign in attendance for a chance to win tickets

Call for Leaders:

Community Service & Engagement Chair (2)

- Brittney Harbin and Yasmin Davis

Evaluation committee representative (1) - FIRST Friday of the Month @ 10AM

- Aubrey Gilland

PAL representative (3)

- Haley Capello - ENHS
- Nathan Yoguez and Katie Adams - HPSM
- Yaling Li - BIOS

Grievance committee (2) - Meetings are only held on an as needed basis

- Shay Hollie
- Zaida Salame

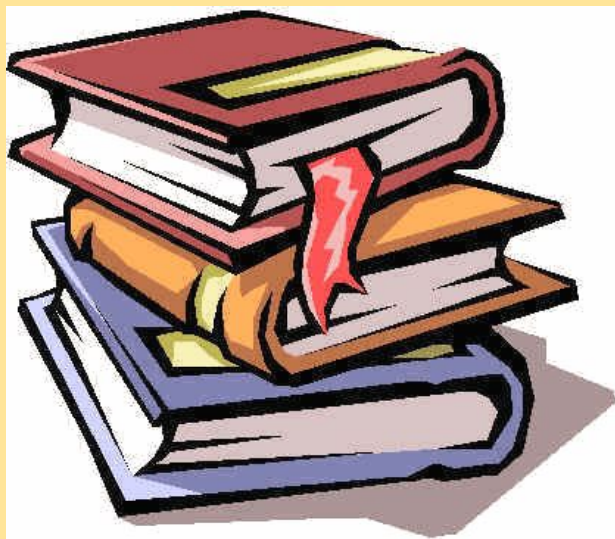
Curriculum Representative (1) - SECOND Friday of the Month

- John Pearson

Buy Used Books:

Link to Google Doc:

<https://docs.google.com/spreadsheets/d/1PbTWfBx2mhJLbdndktpfeD51oLSbKOYemNlaQ2744zo/edit#gid=0>



T-shirts For Sale!

\$15 for students, faculty & staff

Money accepted until

Sept. 15th
(cash only)

FRONT
OF
SHIRT



Design by: Nathan Yoguez



For Education



For Research



For Health

BACK
OF
SHIRT

THIS IS PUBLIC HEALTH!

LITTLE BITTY LEARNING



Lisa Staples
Behavioral and Community Health Science Program
School of Public Health
LSU Health-New Orleans, Louisiana

Goal:

To decrease childhood obesity through a family-based early childhood intervention.

Adopting Positive Household Routines:

Food Consumption
Physical Activity
Family Meal Time
Screen Time
Sleep Duration



Why care about childhood obesity?

- Overweight and obese children and teens → Obese adults
- Obese adults struggle to lose the excess weight
- New drugs and bariatric procedures → costly and have their own complications



Pandita et al. 2016

Table 1 Complications associated with childhood obesity

Acute ¹⁴⁻¹⁶	<ul style="list-style-type: none"> • Type 2 diabetes • Hypertension • Hyperlipidemia • Precocious puberty • Ovarian hyperandrogenism • Gynecomastia • Cholecystitis • Pancreatitis • Pseudotumor cerebri • Fatty liver • Renal disease (focal glomerulosclerosis)
Orthopedic disorders ¹⁷	<ul style="list-style-type: none"> • Slipped capital femoral epiphysis • Tibia vara • Blount disease
Liver and gall bladder dysfunction ¹⁸	<ul style="list-style-type: none"> • Elevated transaminases • Cholecystitis
Physical and psychological ¹⁹⁻²¹	<ul style="list-style-type: none"> • Depression • Eating disorders • Social isolation
Cardiovascular and endocrine ²²⁻²⁴	<ul style="list-style-type: none"> • Sleep disorders • Hyperinsulinism and insulin resistance • Hypercholesterolemia • Hypertriglyceridemia • Low levels of high-density lipoprotein
Cancer ¹⁷	<ul style="list-style-type: none"> • Hypertension • Polycystic ovary syndrome • Coronary artery disease • Left ventricular hypertrophy
Long-term ^{22,25}	<ul style="list-style-type: none"> • Colorectal carcinoma • Ischemic heart disease • Short life span • Stroke • Sudden death



Partners:

- Albert Schweitzer Fellowship (ASF)
- McMillian's First Steps (Early Head Start)
- LSU School of Allied Health-Human Development Center
 - Second Harvest Food Bank
- Tulane University School of Public Health and Tropical Medicine Dietetic Internship
 - Interprofessional Student Alliance (IPSA)
 - Student Organization for the Advancement of Research (SOAR)



Little Bitty Learning

LOGISTICS:

- Eight-weeks of classes on **Tuesday afternoons** from
- **4:30-6:30pm** starting **9/5-10/24**
- Required Cooking Matters training prior to participation
 - **Monday, August 28th** from **8:30-11:30am** at LSUHSC
 - Alternative training on **Friday, Sept.1st**, time TBD

McMillian's First Steps:
2601 S. Claiborne Ave.
New Orleans, LA 70125



Want to Learn More?

Lisa Staples

Albert Schweitzer Fellow

Lstapl@lsuhsc.edu

(845) 803-0167

Student Worker Office:

Lions Eye Bldg, Rm. 245

Not sure...there will be another cohort of classes
for the spring 2018 semester too!



Students For Sustainability

A club that facilitates the greening of our campus through maintaining it's garden & overseeing student-led projects

Who We Are

Got Kohlrabi?



**You do now!
Thanks Raised
Root.**

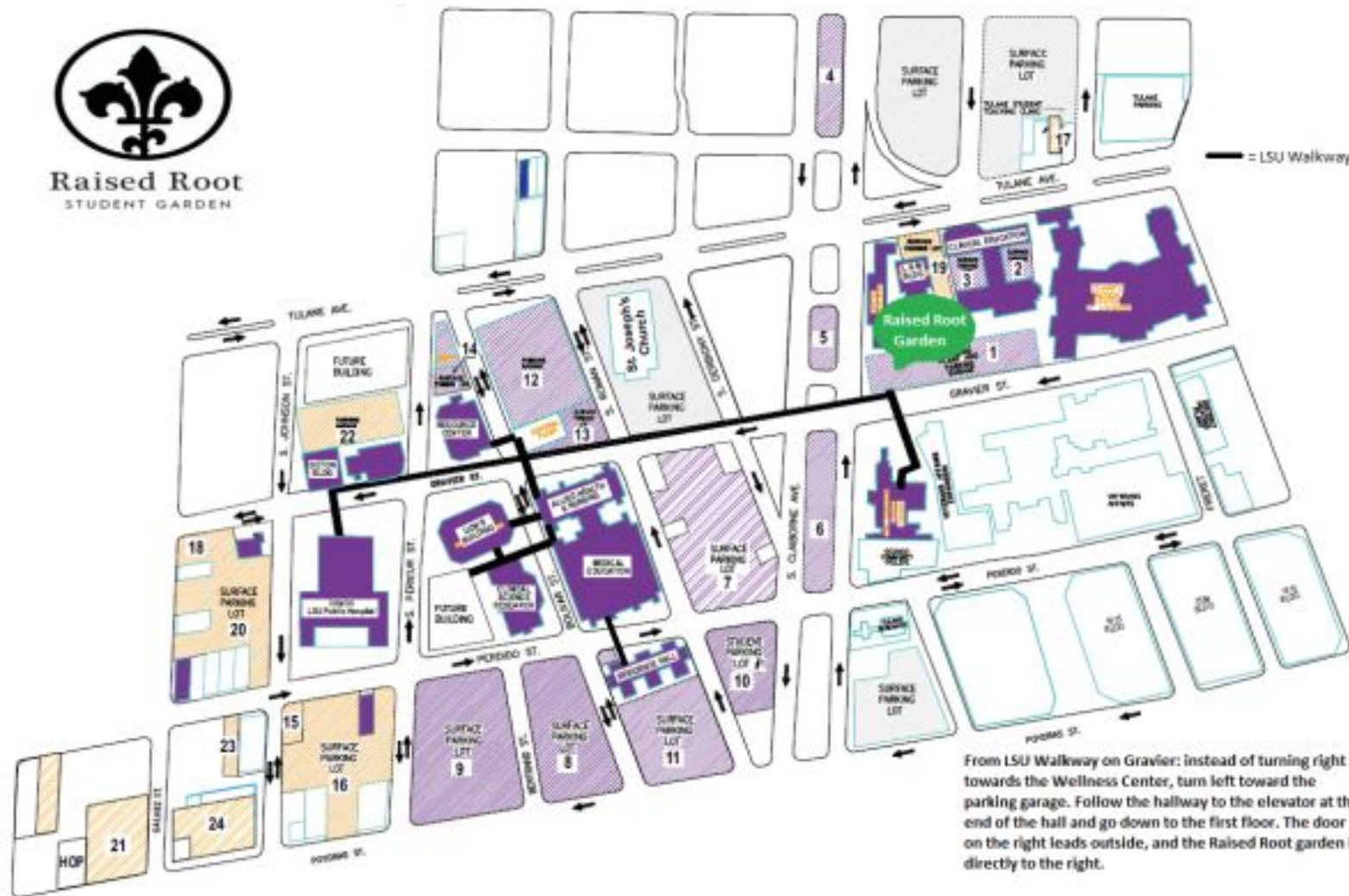
Students For Sustainability began when a few public health students couldn't find a good salad and place to enjoy it outside during their lunch break.

Through many negotiations, creative planning, and coordinating events, the Raised Root Student Garden now exists as a space to grow and enjoy healthy food!

We are excited to help promote more healthy initiatives like these, to make the Health Sciences Center a place where holistic health can be accessed by it's members, and demonstrated to it's surrounding community!



Raised Root
STUDENT GARDEN



Student Garden – it's more than just a green space

ADOPT A PLOT

GARDEN WORK/EDUCATION DAYS

COOKING MATTERS CLASSES

SFS PROJECTS

STROKE CLINICS*PT SITE

OUTDOOR EVENT SPACE

Events for the Fall 2017 Semester

- General Membership Meetings: 9/13, 10/11, and 11/8 at noon in MEB S15
- Raised Root Garden Workdays: 8/26 and 9/23
- Sustainability Workshops: 9/28
- Plant Sales: 9/25 at the Medical School, 11/17 at the Dental School
- Painting and Pinot: 10/19
- Community Climbing Day at the Boulder Lounge: 11/3
- Yoga in the Garden: TBD

Check us out!

EMAIL: lsuhscsfs@gmail.com

WEBSITE: www.lsustudentsforsustainability.wordpress.com

FACEBOOK: www.facebook.com/RaisedRoot

INSTAGRAM: [@sfs.lsuhsf](https://www.instagram.com/sfs.lsuhsf)



Student Organization for the Advancement of Research (SOAR)

President: Helen Lindau, MPH Candidate

PhD Advisor: Michelle Lawrence, PhD Candidate

Student Organization for the Advancement of Research



Student Organization for the Advancement of Research

NEXT SGA
MEETING:
September 18th

SGA 2017-2018 Meeting Dates

<u>Semester</u>	<u>Month</u>	<u>Date of SGA Meeting:</u>
Fall 2017 <u>Room:</u> LEC 303 <u>Time:</u> 12:00-1:00pm	August	08.21.17
	September	09.18.17
	October	TBD
	November	11.13.17
Spring 2018 <u>Room:</u> LEC 303 <u>Time:</u> 12:00-1:00pm	January	01.22.18
	February	02.26.18
	March	03.19.18
	April	04.23.18